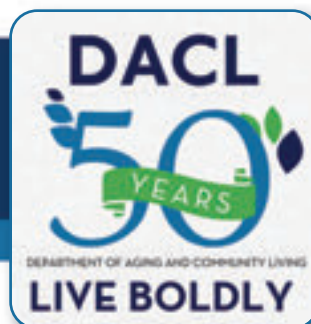


Living Boldly

News and notes brought to you by the
DC Department of Aging and Community Living



Volume 5

Issue 12

A Newsletter for DC Seniors

December 2025



DIRECTOR'S MESSAGE

By Charon P.W. Hines

Dear Seniors,

Happy Holidays! As we welcome the month of December, I am reminded of how meaningful this season can be for so many families and District residents. The holidays often bring excitement, anticipation, and moments of joy with family, friends, and loved ones. However, we know this season can feel difficult for some, especially when colder weather makes it harder to stay connected. If you find yourself feeling lonely or overwhelmed, please remember that you are not alone. Our team at DACL is here for you. Our senior wellness centers and programs are warm and inviting places where community and companionship are always present, ensuring that you are living boldly at every stage in life.

This month, we are especially excited to celebrate one of our most cherished traditions, Mayor Muriel Bowser's 27th Annual Senior Holiday Celebration! This joyful gathering brings seniors from across the District together for a day filled with festive cheer, entertainment, and community. This year, we are thrilled to host the celebration at a new venue, the Southeast Tennis and Learning Center, located at 701 Mississippi Avenue SE. The festivities begin at 10:00 a.m. on Wednesday, December 17, 2025, and we truly hope to see you there. To reserve your spot, please visit tinyurl.com/holidaycelebration27 to RSVP.

If you are looking for even more festive activities this season, I encourage you to visit the Downtown DC Holiday Market, a beloved annual tradition for residents across the city. With more than 100 local vendors, the market offers a wonderful place to shop, enjoy great food, pick up a gift,

and fellowship with others. The Holiday Market is open November 21 to December 23:

- Monday–Thursday from 12:00 p.m.–8:00 p.m.
- Friday–Saturday from 11:00 a.m.–9:00 p.m.
- Sunday from 11 a.m.–8 p.m.

The market is located on F Street between 7th and 9th Streets NW, right next to the Gallery Place–Chinatown Metro. Best of all, admission is free.

As the temperatures continue to drop, I also want to remind everyone to stay safe and warm. Seniors can be more susceptible to cold-related illnesses like hypothermia. Dressing in layers, keeping your home warm, and limiting time outdoors on especially cold days can make a big difference. If you or someone near you shows signs of hypothermia, such as shivering, confusion, drowsiness, or slow or slurred speech, please call 911 immediately. For additional tips on preparing for winter weather, visit ready.dc.gov for helpful information and resources.

As we approach the end of 2025, I find myself reflecting on the resilience, strength, and unity of our senior community. This year, we have grown together, supported one another, and continued building a city where older adults are valued and cared for. As we move into 2026, DACL remains committed to standing beside you, championing your needs, and creating opportunities for connection, wellness, and joy in the year ahead. Wishing you a warm, bright, and joyful holiday season.

In Service,
Charon P.W. Hines
Director, Department of
Aging and Community Living

Safeway's 26th Annual Feast of Sharing

This November marked the 26th year of Safeway's Annual Feast of Sharing holiday celebration. A jovial crowd of DC residents gathered for a Thanksgiving meal, live entertainment, free health screenings and a winter coat giveaway.

"This holiday season we have a lot to be thankful for," said Mayor Muriel Bowser, who attended the event. "I'm grateful that we live in a community that takes care of our seniors [and believes] that you should be able to age in place in Washington, DC — to not just get older, but to thrive



Legends Ball 2025

District seniors enjoyed a night at the Cabaret at the second annual Events DC “Legends Ball.” Seniors enjoyed the golden era of glamor and music.



Mayor Muriel Bowser Presents

THE 27TH ANNUAL SENIOR HOLIDAY Celebration

Wednesday,
December 17, 2025
10:00 am

‘Tis the Season!
Celebrate the magic of the holidays with Mayor Muriel Bowser and the Department of Aging and Community Living at the 27th Annual Senior Holiday Celebration.

Southeast Tennis & Learning Center
701 Mississippi Ave SE, Washington, DC 20032

RSVP: tinyurl.com/holidaycelebration27

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@DACL_DC

DACL
LIVE BOLDLY

GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

THE OFFICE OF CABLE TELEVISION, FILM, MUSIC
AND ENTERTAINMENT PRESENTS

THE 2ND ANNUAL

Sounds OF THE CITY

AT THE DOWNTOWN HOLIDAY MARKET

SATURDAYS
NOVEMBER 22 TO DECEMBER 20
6:00 PM - 8:00 PM

F STREET NW
(BETWEEN 7TH AND 9TH STREETS NW)

Logos: DC, DMPED, DC GOVT, GOVERNMENT OF THE DISTRICT OF COLUMBIA, MURIEL BOWSER, MAYOR

OFFICE OF THE TENANT ADVOCATE
PUTTING PEOPLE FIRST.

Between Oct. 1 and May 1, DC landlords MUST supply sufficient heat to maintain the following minimum temperatures:

68° F between the hours of 6:30 AM and 11:00 PM
65° F between the hours of 11:00 PM and 6:30 AM

**FAILURE TO ADHERE TO THESE REQUIREMENTS
CONSTITUTES A HOUSING CODE VIOLATION**

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DC Department of Aging and Community Living

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