

Spotlight on Aging

VOLUME XXXII, ISSUE 2

A newsletter for D.C. Seniors

February 2020



MAYOR'S MESSAGE

By Muriel Bowser,
Mayor, Washington, D.C.

Dear Seniors:

The time has come for us to put our D.C. Values into action. Budget season is in full swing, and once again, I'm asking you to be a part of the process. Be a part of the decision making. Tell us your ideas and concerns so that my team and I can turn them into solutions, programs and investments that will help us build an even more inclusive Washington, D.C.

We know: Washington, D.C. is a growing city. We are now home to more than 705,000 residents. That's why last year, I set a bold goal to build 36,000 new homes by 2025.

Then, we went a step further and made D.C. one of the first cities in the nation to set affordable housing goals by neighborhood. Already, we are making investments that will help Washingtonians find and keep the housing they need — from expanding tax credits for renters and homeowners, to increasing funding for Safe at Home to allow more seniors and residents with disabilities to age in place and remain independent.

A fair shot to live, age, and thrive in D.C. means that we are big in our thinking about creating and preserving more affordable housing. It means building housing that works for seniors, young professionals, growing families — people at all stages of life. And it even means delivering the basic services our residents rely on — from safe roads to clean parks and neighborhoods. By working together on the budget, we can reach our housing goals and make investments that help us build a safer, stronger and more resilient Washington, D.C.

On Monday, February 10 at noon, I will hold our first budget engagement forum — a telephone town hall for seniors. You can RSVP for the town hall by calling (202) 442-8150. If you are unable to join this call or if you wish to attend a forum in-person, I hope you will join us at one of our other budget engagement forums on Tuesday, February 18 (Edgewood Recreation Center), Thursday, February 20 (UDC Student Center), or Saturday, February 22 (Kenilworth Recreation Center). You can learn more about the forums at mayor.dc.gov.

With the support of neighbors like you, we will continue to build an Age-Friendly D.C. while advancing our collective vision of a diverse and inclusive Washington, D.C.

Mayor Muriel Bowser

Looking for Ms. Senior D.C.

District of Columbia women age 60 and older can apply today to compete for the opportunity to be crowned Ms. Senior D.C. 2020. Contestants will be judged on an interview with the judges, their philosophy of life, as well as talent and evening gown presentations.

The winner will represent her peers in the Ms. Senior America Pageant at Resorts Hotel, Atlantic City, N.J. in October.

Apply online at <https://dcoa.dc.gov/page/ms-senior-dc-pageant>.



Ms. Senior D.C. Trinette Chase

Empowering DC Caregivers via DACL's Savvy Caregiver Program (SCP)

Join DACL's Savvy Caregiver Program (SCP) to develop the knowledge, skills and attitudes to care for your family member with Alzheimer's disease or other dementia.

The SCP is a series of six classes for caregivers in D.C. who provide care for older adults, age 60 and over, and for adults with disabilities, age 18 and older, living with Alzheimer's disease or related dementias.

The program is delivered in two-hour sessions over six weeks.

When: Thursday, March 5 to April 10, 2020, 4:00 p.m. to 6:00 p.m.

Where: D.C. Department of Aging and Community Living, 500 K Street NE, Washington, DC 20002 in Conference Room 114

For more information or to RSVP: Contact Linda Irizarry at 202-535-1442 or Linda.Irizarry@dc.gov.

Centenarian Salute 2020

We are looking for District residents age 100 or older to honor at a special event being held this spring. If you know of someone who will be 100 or older by April 30, 2020, please make sure they are registered with DACL. Call 202-724-5626 or email dacl.communications@dc.gov.

Mayor Bowser enjoys Centenarians Salute 2019 with Ms. Vanilla Beane.



Get Involved

Tuesday, February 1
1 – 3 p.m.
Census Workshop for DC Residents
 Emery Heights AARP Chapter #4194
 Peoples Congregational Church
 4701 13th Street, NW
 Contact: Shirley Fields (202) 746-6082

Monday, February 3
Gethsemane Baptist Church
11 a.m. – 2 p.m.
 Community Presentation on Department of Aging and Community Living Resources & Services
 Fellowship Luncheon
 5119 4th Street, NW
 Contact: Shirley Fields 202-746-6082

Thursday, February 6
1 – 2 p.m.
Behrend-Adas Senior Fellowship
 Community Presentation with Department of Aging and Community Living and the Office of the Peoples' Counsel
 Adas Israel Congregation
 2850 Quebec Street, NW

Friday, February 7
Howard University College of Dentistry Student Health Fair
8 a.m. – 4 p.m.
 Dental Health Fair with Free Dental Screening
 Plus other exhibitors
 600 W Street, NW

Saturday, February 8
Howard University College of Dentistry Student Health Fair
8 a.m. – noon
 Dental Health Fair with Free Dental Screening
 Plus other exhibitors
 600 W Street, NW

Wednesday, February 12
McDowell Federal Correction Institute
8 a.m. – 2 p.m.
 The Department of Aging and Community Living Supports the Mayor's Office on Returning Citizens
 Community Workshop on District Government Resources and Services
 101 Federal Drive
 Welch, WV 24801

Thursday, February 20
10 a.m. – noon
 Learn more about DACL by Training to become a DACL Ambassador
 Register at dacl.communications@dc.gov or call 202-727-0374

Monday, February 24
10 a.m. – 12:30 p.m.
 Community Presentation presented by Department of Aging and Community Living and Partners
 Asian / Pacific Islander Senior Center
 Calvary Baptist Church, Lower Level – Shallenberger Hall
 733 H Street, NW

Tuesday, February 25
10 a.m.
 The Committee on Housing & Neighborhood Revitalization will hold a Performance Oversight Hearing for the Department of Aging and Community Living at the John A. Wilson Building, Room 500, 1350 Pennsylvania Avenue, NW
 Persons wishing to testify about the performance of the agency may contact: housing@dccouncil.us or by calling 202-724-8198.

Wednesday, February 26
10 a.m. – 2 p.m.
 The Senior Zone Senior Spa Day
 Ft. Stanton Recreation Center
 1812 Erie Street, SE

Friday, February 28
11 a.m. – 1 p.m.
 A Day of Volunteering to Those in Need
 Department of Aging and Community Living and Partners
 Central Union Mission
 65 Massachusetts Avenue, NW

Friday, February 28
5:30 - 8:30 p.m.
 Happy Hour at Model Cities Senior Wellness Center
 1901 Evarnts Street, NE
 \$10 includes light meal, frozen non-alcoholic cocktails, DJ and dancing
 Contact: 202-635-1900 for more information.



BLACK HISTORY MONTH EVENTS

DC Black History Month Celebration Committee Presents
Black History Month Celebration Kick Off
February 1
10:30 a.m. - 12:30 p.m.
 African American Civil War Museum
 1424 Vermont Avenue, NW
 Keynote Speaker: C.R. Gibbs, Author, Historian, Activist
 For more information, contact mrblackhistory@yahoo.com
 Or call 202-421-8608 or 202-667-2667

Rayceen Pendarvis is Living Black History
 A special LGBTQ+ inclusive Black History Month event celebrating diversity, culture and the arts.
 Together with LGBTQ+ individuals and allies, Rayceen will guide the audience through a program celebrating the accomplishments of people of African descent.
 See performers and historians who will entertain, educate and inspire.

Thursday, February 20
5:00 – 8:30 p.m.
Cleveland Park Library
 3310 Connecticut Avenue Northwest, Washington, DC 20008
 To register visit: www.TeamRayceen.eventbrite.com

Model Cities Senior Wellness Center Black History Event Women in Music
Wednesday, February 26
10:30 a.m.
 Model Cities Senior Wellness Center
 1901 Evarnts Street, NE

JOIN MAYOR MURIEL BOWSER AT THE 2020 BUDGET ENGAGEMENT FORUMS

Join fellow DC residents at forums to share your values, priorities, and ideas with the Bowser Administration as the FY21 budget is developed.

MONDAY, FEBRUARY 10	TUESDAY, FEBRUARY 18
SENIOR BUDGET ENGAGEMENT TELEPHONE TOWNHALL Time: 12:00 pm To RSVP, please call 202.442.8150	BUDGET ENGAGEMENT FORUM #1 Time: 6:30 pm Location: Edgewood Recreation Center 301 Franklin Street, NE
THURSDAY, FEBRUARY 20	SATURDAY, FEBRUARY 22
BUDGET ENGAGEMENT FORUM #2 Time: 6:30 pm Location: UDC Student Center 4200 Connecticut Avenue, NW	BUDGET ENGAGEMENT FORUM #3 Time: 11:00 am Location: Kenilworth Recreation Center 4321 Ord Street, NE

To RSVP visit:
2020BudgetForums.eventbrite.com

For reasonable accommodations or interpretation, please call 202-442-8150 or send an email to engagement.dc@dc.gov by February 9th.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
 DC MURIEL BOWSER, MAYOR



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