

Attachment K

District of Columbia Office on Aging Service Areas

Customer Information, Assistance and Outreach

DCOA provides information, assistance, and outreach for a variety of long-term care needs to older adults, people with disabilities, and caregivers regarding long term care services and supports offered in the District.

Advocacy and Elder Rights—provides legal support and advocacy for elder rights for District residents age 60 and older that need assistance with relevant state laws, long-term planning, complaints between residents/families and nursing homes and other community residential facilities for older adults (LTC Ombudsman—Title VII Funding).

Assistance and Referral Services—provides information on, connection to, and assistance with accessing home- and community-based services, long-term care options, and public benefits for District residents age 60 and older, adults with disabilities, and caregivers.

Community Outreach and Special Events—provides socialization, information, and recognition services for District residents, age 60 and older, adults with disabilities, and caregivers to combat social isolation, increase awareness of services provided, and project a positive image of aging.

Home- and Community-Based Supports

DCOA provides services that enable older adults and adults with disabilities to continue living in their own homes and communities. These include:

Caregivers Support—provides caregiver education and training, respite, stipends, and transportation services to eligible caregivers (Title III E Funding and Alzheimer’s Disease Initiative).

Day Programs—provides programs at adult day health and senior centers, which allow District residents age 60 or older to have opportunities to socialize and access to core services (Title III B and E Funding).

In-Home Services—provides home health and homemaker services for District residents 60 years of age and older to help manage activities of daily living (Title III B Funding).

Lead Agencies and Case Management—provides core services and supports, such as case management, counseling services health promotion, and nutrition counseling and education, for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers (Title III B and E Funding).

Senior Wellness Centers/Fitness—provides socialization, physical fitness, and programs that promote healthy behavior and awareness for District residents age 60 and older (Title III D Funding).

Supportive Residential Services—provides emergency shelter, supportive housing, and aging-in-place programs.

Transportation—provides transportation to life-sustaining medical appointments and group social and recreational activities for District residents age 60 and older (Title III B Funding).

Nutrition Services¹

DCOA provides meals, food, and nutrition counseling to District residents, age 60 and over, to maintain or improve their health and remain independent in the community.

Community Dining—provides meals in group settings such as senior wellness centers, senior housing buildings, and recreation centers for District residents age 60 and older (Title III C Funding).

Home-delivered Meals—provides District residents age 60 and older who are frail, homebound, or otherwise isolated meals delivered directly to their home (Title III C Funding).

Nutrition Supplements—provides nutrition supplements each month for District residents, age 60 and over, who are unable to obtain adequate nutrition from food alone.

¹ The Commodity Supplemental Food Program, which provides a monthly bag of healthy, shelf-stable foods to low-income District residents and the Senior Farmers Market Nutrition Program, which provides vouchers to participants in the Commodity Supplemental Food Program to purchase fresh produce at local farmers markets (CSFP Funding) are now administered by DC Health starting in FY 2018 to allow for better alignment with USDA-funded and other nutrition programs in the city.