



FREE SCREENS & ACTIVITIES:

- BALANCE
- STRENGTH
- VISION

- MEDICATION
- BLOOD PRESSURE
- HOME SAFETY

- EXERCISES
- FALL RECOVERY
- FILE OF LIFE









For assistance, call: 202 559 9856



Trinity Washington University
Trinity Center for Women & Girls in Sports
125 Michigan Ave NE













GW Sept. 23 | 11am-3pm

FREE SCREENS & ACTIVITIES:

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THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC

The George Washington University
Student Center Ballroom
800 21st St NW















Sept. 24 | 10am-2pm

FREE SCREENS & ACTIVITIES:

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University of the District of Columbia
UDC Student Center
4200 Connecticut Ave NW















Sept. 25 | 10am-2pm

FREE SCREENS & ACTIVITIES:

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Howard University
Louis Stokes Library
501 W Street NW













Week of September 22-25

9/22 -- Trinity Washington University

9/23 -- The George Washington University

9/24 -- University of the District of Columbia

9/25 -- Howard University

FREE SCREENS & ACTIVITIES AT EVERY SITE

- BALANCE
- STRENGTH
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- MEDICATION
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- HOME SAFETY

- EXERCISES
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- FILE OF LIFE













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